COLLAR & KEY

D/S CONTRACT

A D/s agreement has two parts. The first is the ground your dynamic stands on: who you are to each other, your safeword, your limits, aftercare and how often you check in. The second is the contract itself: what it's for, the rules and tasks the submissive partner agrees to, the Dominant's commitments in return, and what follows when a rule is kept or broken. Fill in what applies, cross out what doesn't.

> **This is a communication tool, not a legal document. It isn't enforceable, and nothing in it overrides consent: either of you can pause or leave the dynamic at any time, for any reason, without the other's permission.**

Rather do this on your phones? Scan to set it up in Collar & Key, free. You both sign in the app, and any later change needs the other partner's acceptance.

PART 1: YOUR DYNAMIC

1. Who we are

Names or scene names, and the roles you each take. Use your own words: Dominant and submissive, Top and bottom, Owner and pet, Daddy and little.

- Partner names and roles
- How each of us would like to be addressed in private
- How we address each other around other people

IN THE APP One of you creates the dynamic and invites the other with a join code. Each of you takes your role, with your own account and your own private space.

2. Safeword and signals

A word that always means stop, and a signal for when talking isn't possible. Many couples add a word for slow down.

- Safeword
- Slow-down word, if you use one
- Non-verbal signal (for example, three taps or dropping a held object)
- What happens after a safeword: stop, check in, aftercare. Never a consequence.

IN THE APP Your safeword is a setting on the dynamic that both of you can see. Calling it ends a scene and moves straight into your aftercare plan, and outside a scene either of you can pause the whole dynamic.

3. Limits

Hard limits will not happen. Soft limits are a maybe, with conditions. Neither is negotiated in the moment, and a limit only loosens if both of you agree outside a scene.

- My hard limits
- My partner's hard limits
- Soft limits, and the conditions on each

IN THE APP Each of you rates a shared list from Love to Hard limit, privately, then you see both side by side: where you overlap, where you're curious, and where one of you has drawn a line.

4. Aftercare

What each of you needs after a scene, after a hard day, and in the day or two that follow.

- What I need straight after
- What my partner needs straight after
- How we check on each other in the days after

IN THE APP Every scene plan carries its aftercare plan, so it's written while you're calm and ready the moment a scene ends.

5. Check-ins

A regular, out-of-role conversation about how it's going. It's also where this agreement gets reviewed.

- How often: weekly, fortnightly or monthly
- When and where
- Ground rule: honest answers never earn a consequence

IN THE APP Check-ins go on the calendar. You each answer on your own, and neither of you sees the other's answers until you've both finished.

6. Health, privacy and discretion

Anything that affects safety, and what stays between the two of you.

- Health conditions, injuries, medications or triggers to know about
- Who knows about our dynamic, and who doesn't
- Photos and messages: what we keep, where, and when it's deleted

IN THE APP Lock the app with Face ID, Touch ID or your device's biometrics, and switch on Hide content in notifications so alerts never say what they're about.

PART 2: THE CONTRACT

7. What this contract is for

A name and a sentence or two on its purpose. What does each of you want from it?

- Name of this contract
- What I want from it
- What my partner wants from it

8. Rules and protocols

Standing expectations with no due date: how you greet each other, how you ask for things, what's expected in company. Fewer, clearer rules work better than many.

- Rules
- Protocols, and where they apply (at home, in public, around others, online)
- When the dynamic is off (work, family, illness)

IN THE APP Rules and protocols are written once, in the contract, so nobody has to remember the wording.

9. Tasks and rituals

Things done on a schedule: a morning message, a weekly task, a ritual at the end of the day.

- Task, and how often (once, daily, certain days, or a weekly target)
- How completion is shown: just done, or reviewed by the Dominant

IN THE APP Tasks show up on the day they're due, with reminders in your own time zone. You choose which ones just need marking done, and which need a photo, a clip or the Dominant's sign-off.

10. The Dominant's commitments

What the Dominant promises in return. An agreement shouldn't be one person's list of obligations.

- I commit to...
- For example: a weekly check-in, aftercare after every scene, guidance when rules change

IN THE APP Commitments sit in the contract alongside everything else and are marked as kept, never graded.

11. Rewards and consequences

What consistency earns, what happens when a rule is broken, and the limits on consequences themselves.

- Rewards, and how they're earned
- Consequences for broken rules
- Consequences will never be used for: safewording, honesty at a check-in, anything on a limit list
- How a consequence that feels unfair gets corrected

IN THE APP Turn points on and consistency earns them while rewards cost them. The Dominant can log praise as well as corrections, and an unfair call can be corrected on the record.

12. Changing or ending this contract

Changes need both of you. Stepping away never does.

- How a change is proposed and accepted
- Either of us can pause the dynamic or leave it at any time
- What happens to photos and records if we end

IN THE APP A change is an amendment: your partner sees exactly what would change, and nothing takes effect until they accept it. Pausing or leaving never needs anyone's permission.

13. Signatures

We have each read this agreement, we agree to it freely, and we understand either of us can withdraw consent at any time.

IN THE APP The contract takes effect only when both of you have signed it, and after that neither of you can edit it in place.

NAME | SIGNATURE | DATE

NAME | SIGNATURE | DATE

FIRST CHECK-IN

OR KEEP IT IN COLLAR & KEY

A contract that takes effect only when you both sign it, changes only by an amendment you both accept, and puts its rules, tasks and check-ins on the day they're due. Free to start on iPhone, Android and the web: **collarandkey.app**. Adults 18+ only.